

TRAILS OF INDOCHINA

*Artisans of bespoke journeys to
Southeast Asia & beyond*

Thailand

PRE-DEPARTURE INFORMATION

(Updated Jun 2025)



THAILAND



Boasting a historic culture, lively arts, beautiful beaches, exciting nightlife, friendly and hospitable people, the Royal Kingdom of Thailand offers something for everyone. Combine the former with one of the most dynamic cuisines in the world, Thailand tops the list as a vibrant country to visit. Thailand is divided into four main geographic regions: a fertile central area fed by the Chao Phraya River, a north-eastern plateau, the mountains and fertile valleys of the north, and the rainforests and beaches of the southern peninsula.

QUICK FACTS



Currency: Thai Baht



Capital City: Bangkok



Time Zone: UCT/GMT +7



Electricity: 220 Volts, 50 Hz



International Airports:

Bangkok Suvarnabhumi	BKK
Bangkok Don Mueang	DMK
Chiang Mai	CNX



Population: 70 million



Language: Thai



Calling Code: +66



Religion: Buddhism

Chiang Rai	CEI
Phuket	HKT
Koh Samui	USM



VISA

Visa exemptions: Visa exemptions policy is applied for multiple countries with period of stay from 14 days – 90 days including: Argentina; Brazil; Canada; Chile; Colombia; European Union member states; Mexico; Peru; United Kingdom; United States and etc.,

Visa-on-arrival: Tourists from the following countries: Bulgaria, Bhutan, China, Costa Rica; Cyprus, Ethiopia, Fiji, Georgia, India, Malta, Mexico, Nauru, Saudi Arabia, Taiwan, Vanuata and Venezuela are entitled to apply for visa on arrival at designated immigration checkpoints, which will allow tourists to stay in the country up to 15 days.

The list of the countries eligible for the visa on arrival can be changed to follow the regulation at the airport.

The designated immigration checkpoints to apply for the visa on arrival can be viewed <https://www.thaiembassy.com/thailand-visa/visa-on-arrival>

E-Visas: The E-Visa gives travellers access to single entry tourist visa and multiple entry tourist visa. It is an online platform where travellers can apply, monitor, and pay for their visas so they do not need to visit a Thai Embassy or Consulate. It is currently the simplest way to obtain a visa and organize your Thai holiday.

Non-Thai citizens can apply for their e-visa at <https://thaievisa.go.th/>

After the E-Visa application has been approved, a confirmation email is sent to applicants. You are recommended to print a copy of the confirmation email to present to airlines and Thai immigration officials when traveling to Thailand.

Visa in person: Nationalities who do not qualify for E-Visa must apply for a visa prior to departure: Afghanistan, Algerian, Bangladesh, Bolivia, Cameroon, Central African Republic, Colombia, Costa Rica, Democratic Republic of the Congo, Republic of the Congo, Dominican Republic, Ecuador, Egypt, Equatorial Guinea, Ghana, Guatemala, Guinea, Honduras, Iraq, Iran, Liberia, Nicaragua, North Korea, Lebanon, Libya, Nepal, Nigeria, Pakistan, Palestine, Panama, Paraguay, Sao Tome and Principe, Sierra Leone, Somalia, Sri Lanka, Sudan, Syria, Uruguay, Venezuela and Yemen.

Please enquire at the Royal Thai Embassy or Royal Thai Consulate-General where you intend to submit your application of acceptable ways of application.

**For more detailed information, please refer to our Thailand Visa document.*



Thailand Digital Arrival Card

All non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival within 3 days via <https://tdac.immigration.go.th>

TDAC requirement does not apply to:

- ▣ Foreigners transiting or transferring in Thailand without passing through immigration control.
- ▣ Foreigners entering Thailand using a Border Pass.

For detailed guidelines on submitting and updating the TDAC, please refer to this link: <https://tdac.immigration.go.th/manual/en/#sec-0d21>





Yellow Fever Vaccination

A Yellow Fever vaccination certificate is only required for travellers coming from – or in transit through an airport of – a country with risk of yellow fever transmission. The vaccination requirement is imposed by this country for protection against yellow fever since the principal mosquito vector *Aedes aegypti* is present in its territory.

If you are visiting Thailand and you live in or have travelled through a yellow fever zone, then you need to have a yellow fever certificate to show that you have been vaccinated against the illness.

When you arrive in Thailand, you will be asked for your yellow fever certificate. You need to show this at the medical counter before queuing for immigration.

Check to see if you have been to any of these places during the last six months. Please consult your doctor to discuss your particular health or immunisation requirements.

If you would like to have a source of further information, please refer to the Centre for Disease Control (CDC) website at www.cdc.gov.

AFRICA

Risk of yellow fever transmission exists in these countries: Angola, Benin, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Republic of the Congo, Côte d'Ivoire, Democratic Republic of the Congo, Equatorial Guinea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Kenya, Liberia, Mauritania, Niger, Mali, Nigeria, Senegal, Sierra Leone, South Sudan, Sudan, Togo, Uganda.

AMERICAS

Risk of yellow fever transmission exists in these countries: Argentina, Bolivia, Brazil, Colombia, Ecuador, French Guiana, Guyana, Panama, Paraguay, Peru, Suriname, Trinidad and Tobago, Venezuela.

Children

A vaccination certificate is required for children over one year of age.

Common Procedure:

1. Complete yellow fever form
2. Wait in a queue for an assigned health counter
3. Submit required documents to the immigration officer and proceed to the arrival immigration counter.



Insurance

Travellers are highly recommended to purchase trip and travel insurance. This can cover anything from trip cancellation to accidents, emergencies, hospital fees, property loss, medical evacuation and minimum coverage of \$10,000 for Covid-19 medical treatment.

In case you need to purchase travel and trip insurance for your coming trip, here is the link to a provider, <https://www.csatravelpro.com/>. Please make sure you will review the policy carefully before you choose a policy of your choice.



Health

Please consult your doctor to discuss your particular health or immunisation requirements. For further information, please refer to the Center for Disease Control (CDC) website at www.cdc.gov



Medical

Thailand's major cities have health care that meets international standards. However, if you find yourself in need of medical attention in a rural region, public hospitals may be unsanitary. If a problem arises where you are in need of medical attention, the best option is to visit an international clinic. Please contact your hotel or guide for information on clinic services and to find one that is appropriate for Western visitors.



PACKING ESSENTIALS



The following is our recommended checklist of essential items.

- ▣ Travel documents: A valid passport (with at least 6 months' validity from the date of departure), travel itinerary, and any required visas.
- ▣ Copies of your passport - it is advisable to leave copies at home as well
- ▣ Sun protection: Hat, sunscreen, sunglasses and lip balm
- ▣ Antibacterial wipes and/or gel
- ▣ Comfortable walking shoes
- ▣ Lightweight clothing
- ▣ Mosquito spray and insect repellent
- ▣ Money Belt - ensure that it is discrete and comfortable to wear
- ▣ Personal Medication - it is often good to carry a doctor's note to ensure easy passage of medication across international borders
- ▣ Basic First Aid Kit
- ▣ Emergency contact numbers: Trails of Indochina, Insurance Company, credit card companies, friends and family
- ▣ Toilet paper – not all sightseeing public toilets will have toilet paper

Clothing

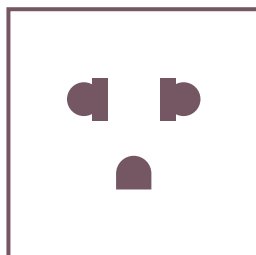
Since the weather is consistently warm throughout the country, it is advisable to bring comfortable lightweight, loose fitting, cotton clothing and long-sleeved items for protection from mosquitoes and the sun.

During the rainy season, an umbrella and open-toe sandals are recommended. Thailand is a very casual country and a lightweight jacket may only be needed in the more upmarket hotels and restaurants. A hat and high-factor sunblock is advisable for protection against the hot sun when sightseeing.

T-shirts and knee length shorts are acceptable for visiting temples or pagodas.

Plugs and Converters

In Thailand, the electricity runs at 220 Volts, 50Hz. The standard plug used is a two pin plug



IMPORTANT TO NOTE



The Thailand Foreign Office warns that any e-cigarettes found by Thai officials are likely to be confiscated, with the owner fined or sent to prison for up to ten years.

In November 2014, Thailand approved legislation outlawing the import of e-cigarettes into the country. This has since been expanded to the export as well as sale of e-smoking devices and equipment. Although it is common to see people vaping in Thailand offenders are technically breaking the law as possession is illegal.

- Please be informed that tourists cannot bring vaporisers (like e-cigarettes and e-baraku) or refills into Thailand.
- These items are likely to be confiscated and they could be fined or sent to prison for up to 10 years if convicted.
- The sale or supply of e-cigarettes and similar devices is also banned and they could face a heavy fine or up to 5 years imprisonment if found guilty.



Currency in Thailand

Thailand's currency, the Baht (THB), typically trades around 35 Baht to 1 US Dollar. US Dollars are not accepted in shops, restaurants, taxis, etc... Therefore, currency should be exchanged to Thai Baht for use within Thailand.

Currency Exchange

Currency exchange outlets are commonly found at airports, shopping malls, and areas where tourists highly frequent. For more remote areas and small towns, it is better to bring local currency with you. If you are not changing at a local bank, please check several counters to gauge the exchange rate.

Credit Cards

The most widely accepted credit cards are Visa and Mastercard, followed by AMEX and JCB. Credit card fraud can be a problem, so please exercise caution and do not allow vendors to take your credit card out of your sight.

ATMs

ATMS are widely available in Bangkok and other major tourist destinations including Chiang Mai, Phuket, and Koh Samui. It can, however, be difficult to find an ATM if you are travelling to a remote region of the country. If you are unsure, it is wise to bring adequate funds in Thai Baht.



Gratuities

When you are pleased with the services provided, tipping is greatly appreciated though not compulsory.

For reference, we have provided a general guideline below:

- ▣ Guides (>10 travellers): \$10-\$20 per day per traveller
- ▣ Drivers (>10 travellers): \$6-\$15 per day per traveller
- ▣ Guides (<10 travellers): \$10-\$20 per day per traveller
- ▣ Drivers (<10 travellers): \$6-\$10 per day per traveller
- ▣ Restaurants: 5-10% of the total bill
- ▣ Hotel Maid Service: \$2-\$3 per day
- ▣ Porters: \$2-\$3 at time of service
- ▣ Local Boat Transport: \$5-\$10 per boat
- ▣ Overnight Cruise: \$20-\$30 per person per night (to cover all crew)

Please note all prices are quoted in USD.

CONTACT US



If you have any questions or encounter any issues, please contact us at our Thailand office so we can provide an immediate solution.

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