



TRAILS OF INDOCHINA

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Chiang Mai - Chiang Rai

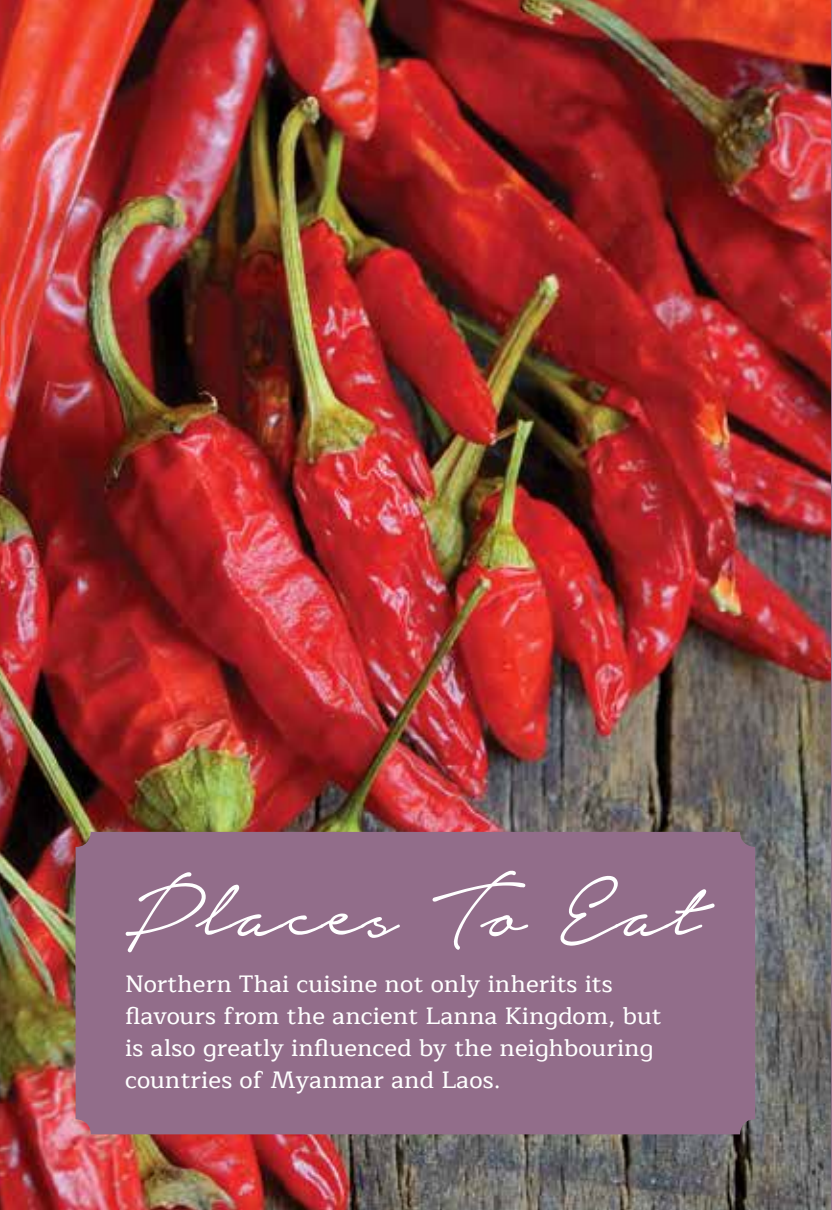
THAILAND POCKET GUIDE



The cradle of Thai culture stems from the Lanna Kingdom, home to present day Chiang Mai and Chiang Rai

Present-day northern Thailand is heavily influenced by the former Lanna Kingdom that used to dominate this part of the country in the 13th century. During its reign, Chiang Mai and Chiang Rai were both former capitals.

Culture and heritage thrive in these mountainous cities surrounded by lush green jungle. Inhabiting the area are a variety of ethnic minorities, contributing to the regions unique colours and vibrancy.



Must-Try Local Foods



KHAO SOI

Yellow curry soup with egg noodles and a choice of meat



NAM PRIK

A variety of chili dipping sauces



SAI OUA

Grilled herb pork sausages



LARB MOO

Minced fresh meat mixed with chili paste



TAM KHANUN

Young jackfruit salad

Places To Eat

Northern Thai cuisine not only inherits its flavours from the ancient Lanna Kingdom, but is also greatly influenced by the neighbouring countries of Myanmar and Laos.

THAI DINING



Pricing Reference: \$ - Inexpensive \$\$ - Moderate \$\$\$ - Expensive

Chiang Mai

Baan Suan

\$\$

A talented chef and an award-winning architect combine to serve Western and traditional/modern northern Thai cuisine in a romantic setting, on a bend in the Ping River. This local restaurant is set in a traditional Lanna house setting. Open daily 11:30am to 2:00pm; 6:00pm to 10:00pm

25 Moo 3 San Pee Sua, north of the city along the Ping River
Tel. +66 53-854-169

Gallery

\$\$

Few Chiang Mai restaurants can boast a better setting - a century-old wooden house on the banks of the Ping River. Gallery gets its name from the various artworks and artefacts displayed on its walls and shelves, serving a tasty mix of Thai and Western dishes. Open daily 12pm to 1am

25-27-29 Charernras - Tel. +66 53-248-601

Huen Phen

\$

Huen Phen is a busy northern Thai restaurant that is popular with locals and visitors alike. Diners come for generous portions of hot curry, spicy Thai salads, and, of course, khao soi. Open daily 11am to 10pm

112 Ratchamankha - Tel. +66 53-814-548

Le Grand Lanna

\$\$\$

Located in a century-old Lanna nobleman's wooden villa, Le Grand Lanna offers exquisitely prepared northern Thai dishes, served in a lush tropical garden. To complement this sublime experience, there are nightly performances of traditional Lanna dance and music. Open daily 11:30am to 2:30pm; 6:30pm to 10:30pm

51/4 Sankampaeng Rd. - Tel. +66 53-888-888

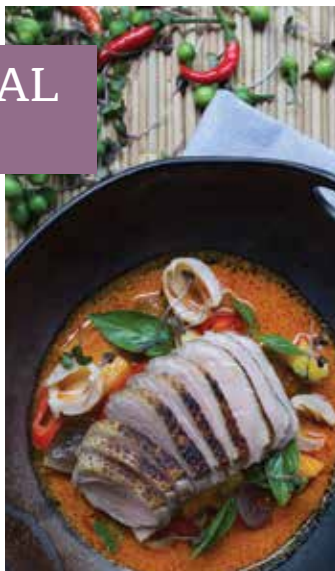
Chiang Rai

OASIS

\$

Arguably the largest vegetarian restaurant in town, OASIS has a wonderful selection of vegetarian dishes for patrons to choose from. They also offer a few made to order items like "guay dtee-ow," which is especially delicious in the cool season after a long day's trekking. Open daily 7:00am to 8:00pm

INTERNATIONAL DINING



Chiang Mai

Le Coq D'Or

\$\$\$

This stylish French restaurant has been a feature of Chiang Mai's dining scene for over 30 years. Set in a beautiful country house surrounded by tropical greenery, it highlights classic French fine dining with a lavish menu featuring lobster, caviar, foie gras, and quality imported meats. Open daily 11am to 2pm; 6pm to 10pm

11 Soi 2 Koh Klang Rd. - Tel. +66 53-141-555

Ginger & Kafe at The House

\$\$

A Danish-run upmarket bistro set in a lovely, restored 1960s house. An internationally-trained Thai chef cooks up stunning Thai-influenced fusion dishes, served either in the luxurious dining room or the al fresco souk-style lounge bar. Open daily 10am to 11pm

199 Moonmuang Rd. - Tel. +66 53-287-681

Piccola Roma

\$\$\$

Italian-run restaurant with a quiet garden terrace. Well-stocked wine cellar with several classic vintages, bread baked freshly on the premises, and a highly regarded Italian chef cooking up classic Italian dishes. Open daily 11am to 2pm; 5pm to 11pm

144 Charoenprathet Rd. - Tel. +66 53-272-223

Chiang Rai

Melt In Your Mouth Chiang Rai

\$\$

Blessed with a charming and refreshing atmosphere nearby the Kok River, this restaurant offers a wide list of homemade desserts and cakes to be enjoyed with a freshly brewed cup of coffee or tea. Open daily 8:30am to 8:30pm

268 Moo 21 Kho Loi - Tel. +66 52-020-549



BAR & LOUNGE



Chiang Mai

Good View Bar & Restaurant

\$\$

This long-running riverside joint keeps things simple, with a classic menu of drinks and Thai food made to order all day long next to Chiang Mai's beautiful River Ping. The main indoor section is spacious, and the nightly live band keeps the atmosphere buzzing. Open daily 10pm to 1am

13 Charoen Raj Rd. - Tel. +66 53-302-764, +66 53-241-866

North Gate Jazz Co-Op

\$\$

Located near Chang Puak Gate on the north side of the Old City's moat, this is one of the top places in Chiang Mai to soak up some quality live jazz music with a friendly expat crowd. Usually, there are two bands every night as well as 'free jam' sessions on Tuesday nights. Open daily 9pm to 12am

91/1-2 Sri Phum Rd. - Tel. +66 81-765-5246

OASIS Rooftop Garden Bar

\$\$

OASIS Rooftop Garden Bar is located just inside the northeastern corner of the old moat. The melodic music complements the excellent views of Doi Suthep Mountain perfectly. Famous for their signature cocktails, a quality line-up of classics and signature mixes are a tasty addition to Thai-style pub snacks. Open daily 5:30pm to 12am

612/93 Paholyothin Rd. - Tel. +66 53-740-791



The UN Irish Pub

\$\$

Oak and brass fittings, hearty pub grub, football on the telly, Guinness on tap – The UN Irish Pub is the classic pub atmosphere located in Chiang Mai. On Saturday and Sunday nights, The UN Irish Pub is popular for Premier League football fans, and on Monday, NFL takes centre stage. Open daily 9am to 1am.

24-24/1 Ratchawithi Rd. - Tel. +66 53-214-554

The Writer's Club and Wine Bar

\$\$

The Writer's Club and Wine Bar is the unofficial press club open for anyone who enjoys good conversation and drinking with Chiang Mai's media set. There is a constant influx of guests – from British authors to Burmese painters – who ensure a stimulating evening. Open Sun-Fri 12:30pm to 12am

141/3 Rachadamnoen Rd. - Tel. +66 53-814-187



Chiang Rai

Cat Bar

\$

Open since 1995, this lively venue is famous for its live jam sessions with the owner, Sam, who rocks the house with his guitar every night. All are welcome to the dance floor, or simply enjoy the show from the side-lines with a refreshing cocktail. There's also a bright orange pool table where you can enjoy a few games with friends.

Jetyod Rd. - Tel.+66 895-578-011

The Turntable Jazz Bar

\$

Possibly the only jazz bar in town, The Turntable Jazz Bar is part of the family-run North Hotel, located a block east of the Night Bazaar. Unwind with live music or recorded jazz tunes from the 60s and grab a book from the bar's jazz library while enjoying beer and cocktails.

612/100-101 Sirikorn Market - Tel. +66 53-719-873



CAFÉ & TEAHOUSE



Chiang Mai

Akha Ama Coffee

\$\$

Imported from the northern Thai village where the owner is from, the coffee at Akha Ama Coffee is unique. He has worked with roasters in the U.S. to perfect his brewing and roasting methods, which gives the coffee its distinct flavour. Open daily 8am to 6pm

9/1 Soi 3 Hussadhisewee Rd. - Tel. +66 86-915-8600

Ristr8to Coffee

\$\$

The owner of Ristr8to Coffee won the title of best latte art in the 2017 World Latte Art Championship. With several locations around the city, Ristr8to specialises in gourmet coffee, offering up some of the best in the city. Open daily 7am to 6pm

15/3 Nimmanhemmin Rd. - Tel. +66 53- 215-278

Chiang Rai

The Roast Chiang Rai Coffee

\$\$

The Roast Chiang Rai Coffee does indeed roast their own coffee beans creating beautifully fresh masterpieces in a cup. The central location of this quaint café is handy and you can even buy your favourite roasted beans to take home as a souvenir. Open daily 7am to 5pm

Sankhongluang Rd. - Tel. +66 88-700-0762

Pangkhone Coffee

\$\$

Think local coffee in super comfortable chairs with delicious cakes and you have the Pangkhon Coffee experience! This socially and environmentally aware coffee shop also claims to save one tree for every cup of coffee served. Pangkhon Coffee also has branches in Chiang Mai. Open daily 7am to 7pm

Thanon Baanpa Pragarn Rd. - Tel. +66 53-712-878



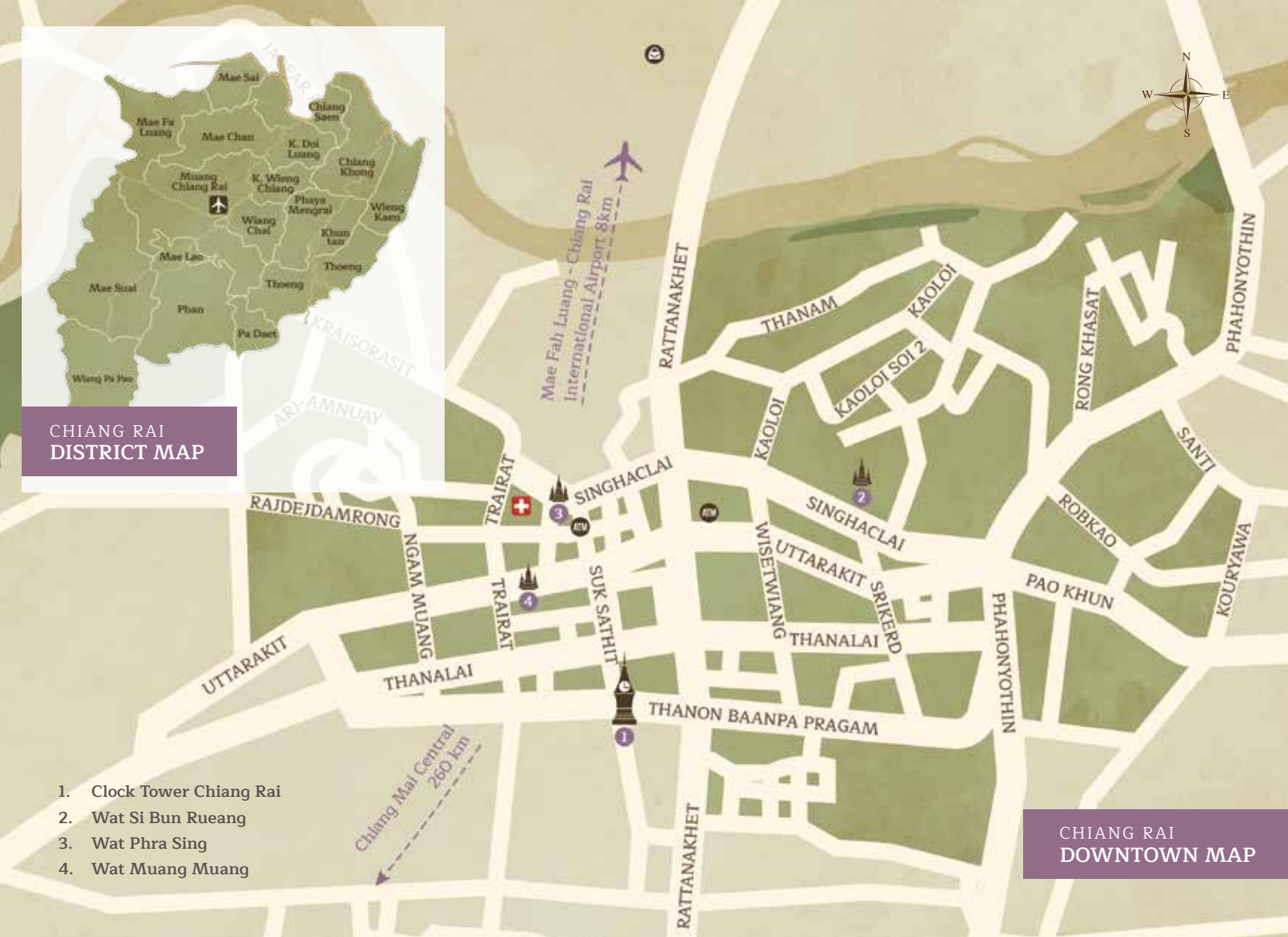
15. Srigerd
16. Duang Di
17. J.D Luang
18. Pan On
19. Meun May Tang
20. Ngoen Kong
21. Phrajao Meng Rai
22. Chang Tam
23. Phan Waen
24. Puak Taem
25. Sai Moon
26. Phan Tong
27. Chang Klong





CHIANG RAI
DISTRICT MAP

1. Clock Tower Chiang Rai
2. Wat Si Bun Rueang
3. Wat Phra Sing
4. Wat Muang Muang



CHIANG RAI
DOWNTOWN MAP



Things To Do

With a rich heritage, there are plenty of unique, cultural and religious landmarks awaiting to be explored in Chiang Mai and Chiang Rai.

Top Things To Do



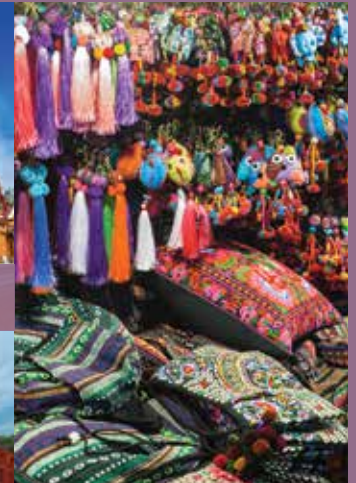
Experience the breathtaking view from Doi Suthep



Contemplate the striking architecture of Wat Phra Sing, a Lanna temple



Taste the local street food at Warorot Market



Hunt for hidden treasures in the The Night Bazaar



Discover Wat Rong Khun, famed for its all white facade



ENTERTAINMENT

Chiang Mai

Khantoke Dinner and Cultural Show

The very first ever, Khantoke Dinner and Cultural Show was created in Old Chiang Mai in 1970 to showcase traditional northern Thailand Lanna culture. This has evolved over centuries and much of what you will witness here is timeless and performed with a passion for preserving the original customs and traditions. Open daily 8am to 9:30pm

185/3 Wualai Rd. - Tel. +66 53-202-993



SHOPPING

Gifts, Accessories
and Decor

Chiang Mai

Baan Celadon

\$\$

The handmade techniques used emphasise the importance of maintaining traditional painting and carving. Lively designs characterise Thai arts and cultural life in order to preserve the traditional wisdom. Open daily 8:30am to 5:30pm

7 Moo 3, Sankamphaeng Rd. - Tel. +66 53-338-288

Bor Sang Handicraft \$\$

Drive out along San Kamphaeng Road to look at the silk, silverware, gem factories, and showrooms at Bor Sang Handicraft. Here, the local artisans make the world famous Sa Paper umbrellas and parasols. Watch as the workers hand make the paper lamps, fans, umbrellas and parasols from start to finish. Open daily 8am to 5pm

111/2 M. 3 Bor Sang Village, San Kamphaeng Rd. - Tel. +66 53-33-8195

Central Festival Chiang Mai \$\$

Central Festival Chiang Mai is the first full-scale lifestyle shopping centre. The 300+ shops in Central Festival Chiang Mai are located on five floors with the fifth floor being home to a Major Cineplex cinema.

99/3 M.4 Fah Ham - Tel. +66 53-999-499

Maya Lifestyle Shopping Center \$\$

One of the latest malls to hit Chiang Mai is the impressive Maya Lifestyle Shopping Center, located on the trendy Nimman Road. Along with many fashion stores, you'll find a range of restaurants, cafés, a cinema, and a swanky rooftop with bars boasting city views. Open daily 11am to 10pm

Maya 55 Moo 5, Huay Kaew Rd. - Tel. +66 52-081-555

Sunday Walking Street \$

The Sunday Walking street is the place to shop for souvenirs and sample traditional Thai Street food. Taking place every Sunday at 4pm, the road is closed to traffic during this time and is one of the most popular tourist attractions in the city.

Tha Pae to Ratchadamneon Road

Thai Silk Village Co., Ltd. \$\$

Thai Silk Village is the place where you can find all kinds of Thai silk products of great quality and elegant design.

Thai Silk Village Co., Ltd. was established in October 1991 and quickly became a famous one-stop Thai silk shopping destination for Chiang Mai visitors.

120/27 Moo 3, Sanklang, Sankampaeng Rd. - Tel. +66 53-338-357

Wualai Walking Street \$

Wualai, the Saturday walking street, is a lively and fun night market that takes place in Chiang Mai, just a short walk from the old city walls. Not only are there plenty of handicraft items and locally-made products, it's also a good place to try some tasty local snacks.

Wualai Rd.



Chiang Rai

Central Plaza Chiang Rai

\$\$

A one-stop shopping complex located in the heart of Chiang Rai province. Central Plaza Chiang Rai is the first eco-friendly shopping centre, housing over 280 retailers and pledging to maintain the beauty of the northern Thai traditional Lanna cultural lifestyle. Open daily 11am to 9pm

99/9 Moo 13, Rob Wiang - Tel. + 66 52-020-999

Chiang Rai Walking Street

\$

The walking street runs along Thana Lai Road and is around one kilometre long. It is a place to experience the many forms of Thai entertainment, from the classical dancing show to handicraft making. It is a good place for shopping, eating, relaxing and embracing the nightlife.

Thana Lai Rd. - Tel. + 66 53-717-433

Tachilek Market

\$

Located in the northernmost town in Thailand, on the border of Myanmar, Mae Sai is full of food and cheap products from China. Tachilek Market used to have several shops selling quality stones. As of 2007, there are only two gem shops remaining.

Maesai, Chiang Rai - Tel. + 66 53-73-3233



SPA & WELLNESS

Chiang Mai

Cheeva Spa

\$\$

Cheeva Spa is a luxurious wellness spa offering massage packages, steams, sauna, and body treatments. Cheeva Spa has two branches in Chiang Mai and has won numerous awards over the years. It focuses on combining therapeutic and stress relieving treatments with traditional Lanna massage techniques. Open daily 10am to 9pm

Cheeva Spa Hussadhisewee: 4/2 Hussadhisewee Rd.

Tel. +66 53-211-400 | Cheeva Spa Sirimangkhajarn: 6 Soi 7

Sirimangkhajarn Rd. - Tel. +66 53-216-303

Oasis Spa

Oasis spa is a luxurious and exclusive spa set in lush tropical gardens. Expert therapists offer a range of treatments, including steam baths, various massages, aromatherapy, and facial and body treatments. Open daily 10am to 10pm

199/135 Moo 3 Chonpratan Rd. - Tel. + 66 53-92-0111

The Yoga Tree

Featuring a peaceful teak wood yoga space, this custom-built yoga studio is located in a lush, tranquil garden. It offers a full range of amenities, plus regular drop-in classes and workshops. Open Mon-Fri 9am to 6pm; Sat 10am to 6pm; Sun 10am to 4pm

65/1 Arak Rd. - Tel. +66 81-724-7308



Chiang Rai

Arisara Thai Massage

\$

The knowledgeable staff, modest setting, and high-end treatments make Arisara Thai Massage the perfect place to ease away the stresses of travel. Treat your mind and body to a day of relaxation.

Nimmana Haeminda Rd. - Tel. +66 94-712-3 445

Monmueang Lanna Massage

An aroma of freshness fills the air at Monmueang Lanna Massage. Well trained therapists preform a wide range of treatments from aromatherapy to traditional Thai massages. Open daily 10am to 11pm

879/7-8 Phahonyothin Rd. - Tel. +66 53-711-611

Siamese Spa

\$

Simplicity and holistic healing are the leading influences at Siamese Spa. Rejuvenate at a Lanna style spa with contemporary customised treatments and a peaceful atmosphere. Open daily 10am to 9pm

No.1055 Sanambin Rd. - Tel. +66 52-020-160





Chiang Mai

Gongdee Gallery

\$

One of the largest artistic spaces in Chiang Mai, Gongdee Gallery is a place for local creative talents to gather. Established in 1989, the gallery blends both Oriental and Western contemporary art. Open daily 8am to 6pm

No. 12 Soi 1 Nimmanhaemin Rd. - Tel. +66 53-225-032

Sangdee Gallery

\$

Meaning 'good light' in Thai, the not-for-profit Sangdee Gallery displays not only local but also international artistic talent. Sangdee Gallery also has a café that live musical performances from emerging local talent. Open Tues-Sat 4pm to 12am

No. 5 Sirimankalajarn Rd. - Tel. +66 53-894-955

Tita Gallery

\$

Tita Gallery is located in Mae Rim District and although it is a popular coffee spot, the gallery is also known for its range of art. From the traditional to the contemporary, Tita Gallery has featured work by renowned watercolour and magazine illustrators Khun Manoth Kitticheewan and Khun Narongyot. Open daily 8am to 6pm

No. 68 Mu 6, Rim Tai - Tel. +66 53-297-811



Chiang Rai

Art Bridge Chiang Rai

\$\$

This contemporary gallery features unique exhibitions that frequently change to highlight the diversity of the local artists. Much of the art is available for purchase and there is a quaint café that serves delicious snacks, coffee, and teas. Open daily 10am to 7pm

551 Mool Pahonyothin Rd. - Tel. +66 53-166-623

Notes

Notes