

QUICK TIPS



DIALLING IN-COUNTRY

Calling a landline number to a different city

- Dial city code + telephone number

Example: 071 381133

Calling a mobile number

- No city code is required
- Most mobile numbers start with a zero

Example: 02012345678



TIPPING

Tipping is not part of the culture in Laos. While it's not mandatory in Laos, service charges may be included at some hotels and restaurants.



MONEY

Official Currency

LAK (Lao Kip)

Denominations

100,000 (app USD\$12),
50,000, 20,000, 10,000,
5,000, 2,000, 1,000 and 500

ATMs

Widely available in most cities and often located outside a bank. Fee and charges will be applied when you use a non-Laos card in an ATM

Currency Exchange

No service charge for currency exchange.



WI-FI

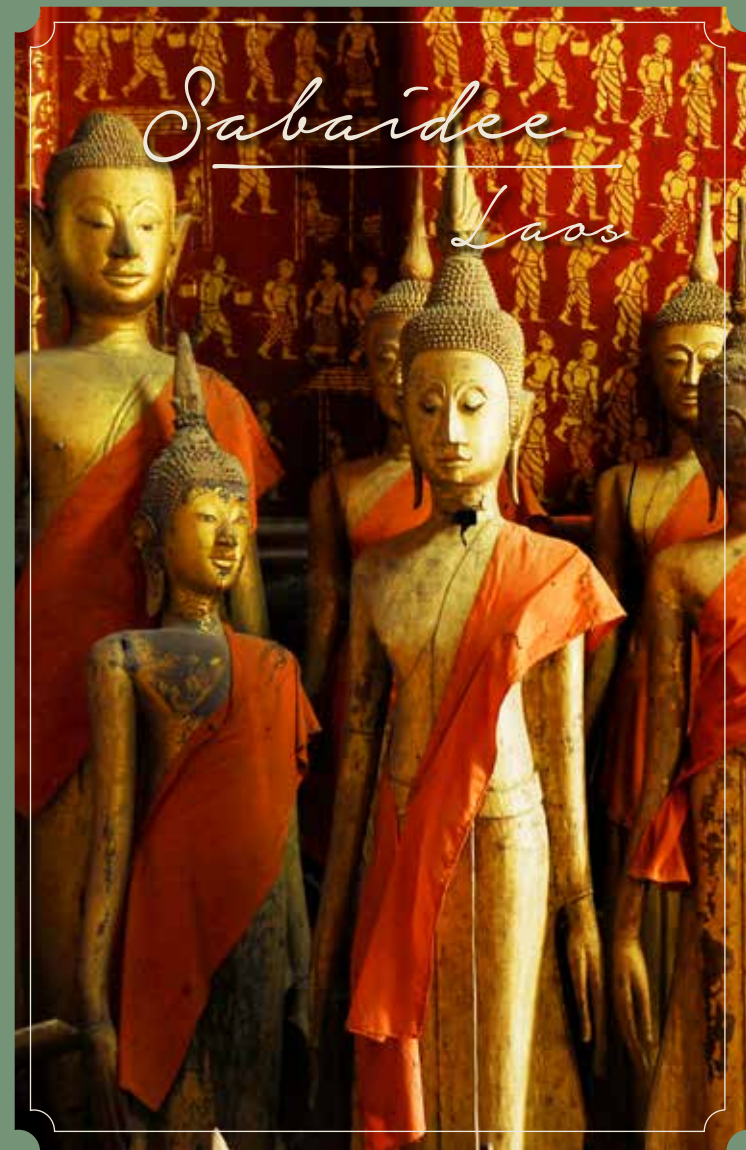
Free Wi-Fi is widely available in most hotels, restaurants, shops and cafes.



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Welcome to the ancient land of Laos! Discover a country where the beauty of the natural landscape is enhanced by a captivating culture and off-the-beaten-track destinations. We invite you to explore our pocket guide for a brief overview of the region as you get ready to embark on your exploration of Laos. We hope you enjoy your journey throughout this fascinating country!

LAOS CUSTOMS & ETIQUETTE

Do's



Show respect and dress neatly when entering a temple.



Remove your shoes as well as any hat or head cover when entering homes or temples.



Sample the local cuisine. It helps local businesses and Lao farmers.

Don't's



Do not place feet on the table.



Women should never touch a monk.



Speak quietly to fit in with the nature of the Lao people.



Do not touch any sacred sites.

USEFUL LAOTIAN PHRASES

English	Laotian	Pronunciation
Greeting		
Hello	ສະບາຍດີ	Sabaidee
Goodbye	ລາກອນ	Lah-kone
How are you?	ເຈົ້າສະບາຍດີບໍ່?	Jao-sabaidee-bow?
I'm fine. Thanks	ຂ້ອຍສະບາຍດີ, ຂອບໃຈ	Khoy-sabaidee. Khop-jai
See you again	ແລ້ວພົບກັນໄໝ້	Leow-phob-kan-mai
General		
Yes	ເຈົ້າ, ແມ່ນແລ້ວ	Jao-maen-leow
No	ບໍ່	Bow
Thank you	ຂອບໃຈ	Khop-jai
No problem	ບໍ່ເປັນຫຍັງ	Bow-pen-yang
Sorry / Excuse me	ຂໍໂທດ	Kkor-thod
I don't understand	ຂ້ອຍບໍ່ເຂົ້າໃຈ	Khoy-bow-khao-jai
I understand	ຂ້ອຍເຂົ້າໃຈ	Khoy-khao-jai
Where is the toilet?	ຫ້ອງນ້ຳຢູ່ໃສ?	Hong-nam-you-sai?
How much is this?	ລາຄາເທົ່າໃດ?	Lah-khah-thao-dai?
Have a nice day!	ຂໍໃຫ້ທ່ານມີຄວາມສຸກ!	Khor-hai-than-mee-khuam-souk
Do you speak English?	ເຈົ້າເວົ້າພາສາອັງກິດໄດ້ບໍ່?	Jao-vao-phah-sah-ang-git-dai-bow